



Mckinlay Mountaineering is an approved Mountain Training provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader, Rock Climbing Instructor, Climbing Wall Instructor and Climbing Wall Development Instructor. We now are the largest provider of Mountain Training awards in the North of England delivering 55 courses in 2022 alone.

### **CLIMBING WALL INSTRUCTOR TRAINING**

The Climbing Wall Instructor trains and assesses candidates in the skills required to supervise climbers on purpose built artificial climbing walls and boulders. It is ideal for people who work at climbing walls or at venues with permanent or mobile climbing towers. As such it is seen as a highly desirable qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector. The scheme is also a vital tool for climbers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

# Pre-requisites for Climbing Wall Instructor training:

Before you attend a Climbing Wall Instructor training course, make sure you have done the following:

- You must be registered on the scheme.
- You must have an understanding of the wider sport of climbing.

You must have an up to date logbook (preferably DLOG) with evidence of the following:

- Visits to 3 different climbing walls on at least 15 different occasions; this must include at least one major public wall.
- 10 led routes at Fr4 on walls.

Please note: You will need to have registered for the scheme and have completed your logbook (preferably DLOG) or you risk not gaining a 'completed' outcome.

### Price:

- £160.00 scheme training
- Bespoke courses are worked out on an individual basis

### Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively, payment can be made by cheque or bank transfer: Payee Mckinlay Mountaineering.

Account number: 29548861 Sort code: 601239. We will contact you as soon as payment has been made.

#### You will need:

Clothing for an indoor climbing wall: including warm clothing, harness, helmet, belay device and rock boots and a "single" climbing rope suitable for lead climbing, rucksack.

Please bring a packed lunch for both days. Some people find a camera useful for taking photos of belay systems. Please bring the entrance fee to both Climbing Walls.

All items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or damage of these items. These are the sole responsibility of the candidate.

Transport and accommodation is not included.

## **Training Itinerary:**

Day 1	Meet at Awesome Walls, Sheffield	Day 2	Meet at the Foundry Sheffield.
Morning	Overview of course	Morning	Planning a climbing wall session-flexibility
10.00am	History, equipment, PPE, group use	10.00am	Group management and responsibilities
	Bottom rope belaying and climbing		Emergency procedures
	Holding falls		Simple rescues
	Lead climbing		
Afternoon	Warming up and bouldering games	Afternoon	Course review and general de-brief. Route
Course	Movement coaching	Course	to assessment.
finish		finish at	Logbooks and individual action plans
5.30pm		2pm	

Please arrive at Awesome Walls, Sheffield for 10:00 on day 1. The course will start promptly.

## Recommended Reading:

Please refer to your Climbing Wall Instructor handbook for details with regards to the syllabus and scope of the qualification. This can be downloaded from the Mountain Training website:

<u>Climbing Wall Instructor Handbook</u>

Please also refer to the below titles for further reading:

Rock Climbing by Libby Peter, the official handbook for Mountain Training's climbing schemes

## Post course training notes:

Unlike any other CWI course in the country after the course you will receive detailed post course training notes via email. These will include:

- CWI rescues made simple, slab rescue and abseil rescue
- AALA belaying lemons and belay systems (details how to run sessions and avoid accidents),
- group warm up and bouldering games
- fall factors and access and conservation pdf's

# Potential outcomes of training:

Following training, a course report will be completed. The results you can achieve are:

Completed: You have attended and completed the training course and met the prerequisite requirements.

**Not yet completed:** If for any reason you do not complete the required hours for a course you will receive this result. In all cases an action plan will be discussed and created for you. Providers have up to 21 days to submit a course report, which allows for you to submit further information if necessary, for example if you have not fully met the prerequisite requirements.

Candidates are reminded that attendance on a training course must not in any way be considered a qualification in its own right. This is only achieved by passing the Climbing Wall Instructor assessment.