



Mckinlay Mountaineering is an approved Mountain Training provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader, Rock Climbing Instructor, Climbing Wall Instructor and Climbing Wall Development Instructor. We now are the largest provider of Mountain Training awards in the North of England delivering 55 courses in 2022 alone.

#### **MOUNTAIN LEADER ASSESSMENT**

The Mountain Leader scheme trains and assesses the technical and group management skills required by those who wish to lead groups in the mountains, hills and moorlands of the United Kingdom and Ireland, other than in winter conditions. As such it is seen as an essential qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector.

The scheme is also a vital tool for hill walkers and mountaineers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

## Pre-requisites for Mountain Leader assessment:

Before you book onto a Mountain Leader assessment, make sure you have done the following:

- You must have attended a Mountain Leader training course (or have been granted exemption)
- You must be familiar with the syllabus
- You must have logged a minimum of 40 Quality Mountain Days in three different regions of the UK and Ireland
- You must have logged at least 8 nights camping, including at least 4 nights wild camping
- You must have physically attended and completed (i.e., not online) a first aid course which involved at least two full days or sixteen hours of instruction and included an element of assessment

The Mountain Leader assessment is 5 days long and includes a two-night expedition.

Please note that you will need to have completed your DLOG. This must be done 4 days before the start of the course, or you risk not gaining a 'pass' outcome.

#### Price:

- ML Assessment without accommodation or food £400.00
- Bespoke courses are worked out on an individual basis.

#### Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively, payment can be made by cheque or bank transfer: Payee Mckinlay Mountaineering.

Account number: 29548861 Sort code: 601239. We will contact you as soon as payment has been made.

## Accommodation:

Please book directly with the YHA to book your accommodation. The last two nights will be wild camping.

#### Itinerary:

Please arrive at Borrowdale YHA, 9.30am Monday morning. The course will start promptly so please be kitted up and ready to go at this time.

#### Kit List:

Day	Meeting	Course Content (Day)	Course Content (Evening)
Day1 09:30	Borrowdale YHA	Intro to course expectations, navigation, group kit.	Home paper
Day2	Borrowdale YHA	Security on steep ground day	Route card
Day3-5	Borrowdale YHA	Expedition phase; Camp-craft & expedition skills Mountain/Water Hazards Group leadership Macro Navigation: Day & Night Emergency procedure Finish expedition, course& individual debrief and review	

Please provide your own maps and compass (silva type 4 is highly recommended)

Maps: ExplorerOL4 The English Lakes NW area 1:25,000

You will need, either a Harvey British Mountain Map BMC Lake District 1:40,000 or Landranger 90 Penrith/Keswick 1:50,000

# This suggested equipment list is in addition to your normal hill-walking clothes

Personal

Rucksack Individual first aid

Bivvy bag / Survival bag Compass / Whistle / Watch Map cover Waterproof jacket & trousers

Hat / Gloves Spare fleece
Headtorch / Spare batteries Emergency food

Flask

Expedition

Tent (suitable for wild country)

KFS / Bowl / Mug

Stove / Fuel / Pans / Matches
Sleeping Bag / Karrimat

Spare clothes Toiletries
Water carrier Expedition food
Expedition rucksack & waterproof liner Water purifying tablets

All items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or damage of these items. These are the sole responsibility of the candidate.

Please note this list is only a guide. If you need to borrow any piece of kit I must know in advance.

### Transport:

No transport is included but we are happy to car share.

## **Recommended Reading:**

Please refer to your Mountain Leader Award handbook for details with regards to the syllabus and remit of the Mountain Leader Award qualification. If you need a copy, this can be downloaded from the Mountain Training website. Please also refer to the below titles for further reading:

- Hillwalking by Steve Long and staff from Plas y Brenin—The official handbook of the Mountain Training walking schemes available from the Mountain Training, BMC, Amazon websites. Hill Walking is also available as an ebook for Kindle and iBook (purchase through Amazon or the Apple Store).
- Hostile Habitats Scotland's Mountain Environment: A Hill walkers' Guide to Wildlife and the Landscape This is a fantastic guide to the UK's mountain fauna, flora and landscape written for hill walkers.

#### Potential outcomes of assessment:

Following the assessment, the course director will complete a course report on CMS which will record one of three possible results:

**Pass:** Awarded where the candidate has demonstrated appropriate knowledge and application of the course syllabus, and has shown the necessary experience and attributes of a Mountain Leader.

**Defer:** Awarded where the candidate has generally performed well and has shown the necessary experience and attributes, but where complete proficiency has not been attained in certain aspects of the syllabus or where a lack of experience has been identified.

**Fail:** Awarded where the candidate's performance has been generally weak, or the necessary experience and attributes have not been shown. A complete assessment course will need to be subsequently attended.