



Mckinlay Mountaineering is an approved Mountain Training provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader, Rock Climbing Instructor, Climbing Wall Instructor and Climbing Wall Development Instructor. We now are the largest provider of Mountain Training awards in the North of England delivering 55 courses in 2022 alone.

MOUNTAIN LEADER TRAINING

The Mountain Leader award trains and assesses the technical and group management skills required by those who wish to lead groups in the mountains, hills and moorlands of the United Kingdom and Ireland, other than in winter conditions. As such it is seen as an essential qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector.

The scheme is also a vital tool for hill walkers and mountaineers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

Pre-requisites for Mountain Leader training:

Before you come on a training course you must be

- 18 or over
- have registered on the scheme with [Mountain Training](#)
- You must have recorded a minimum of 20 Quality Mountain Days (ideally on DLOG) which can have taken place at any point (pre- or post-registration)

Please note: You will need to have registered for the scheme and have completed your logbook (preferably DLOG)

Price:

- Mountain Leader training/assessment without accommodation or food £400.00

Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively, payment can be made by cheque or bank transfer: Payee Mckinlay Mountaineering.

Account number: 29548861 Sort code: 601239. We will contact you as soon as payment has been made.

Itinerary:

Please arrive at YHA Borrowdale 9.30am Monday morning. The course will start promptly so please be kitted up and ready to go at this time. Timings from day 2 onwards will be a 09:00 start unless Course Director says otherwise.

Timings	Meeting	Course Content (Day)	Course Content (Evening)
Day 1 09:30	YHA Borrowdale	Arrival and Introduction to Mountain Leader Scheme and course. Intro navigation, group kit.	Introduction to mountain weather.
Day 2	YHA Borrowdale	Mountain Day – navigation, access, conservation, environment.	Leader/group equipment.
Day 3	YHA Borrowdale	Mountain Hazards, steep ground.	Free/expedition preparation
Day 4	YHA Borrowdale	Group Management, steep terrain, group control, leadership styles and navigation.	Route planning exercise.
Day 5-6 Finish approx. 14:00	Borrowdale	Expedition phase; Camp-craft & expedition skills Mountain/Water Hazards Group leadership Macro Navigation: Day & Night Emergency procedure Finish expedition, course& individual debrief and review	

Kit List:

Please provide your own maps and compass (silva type 4 is highly recommended)

ExplorerOL4 The English Lakes NW area 1:25,000

I will supply either a Harvey British Mountain Map BMC Lake District 1:40,000 or Landranger 90 Penrith/Keswick 1:50,000

This suggested equipment list is in addition to your normal hill-walking clothes

Personal

Rucksack	Individual first aid
Bivvy bag / Survival bag	Compass / Whistle / Watch
Map cover	Waterproof jacket & trousers
Hat / Gloves	Spare fleece
Headtorch / Spare batteries	Emergency food
Flask	

Please bring old clothes, trainers and towel for the river crossing

Please remember: clothes that dry quickly and are light weight should be used during the course if possible.

Expedition

Tent (suitable for wild country)	Stove / Fuel / Pans / Matches
KFS / Bowl / Mug	Sleeping Bag / Karrimat
Spare clothes	Toiletries
Water carrier	Expedition food
Expedition rucksack & waterproof liner	Water purifying tablets

All items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or damage of these items. These are the sole responsibility of the candidate.

Please note this list is only a guide. If you need to borrow any piece of kit I must know in advance. I have a small supply of tents and stoves. The individual must supply all other kit

Transport:

No transport is included but we are happy to car share.

Recommended Reading:

Please refer to your Mountain Leader Award handbook for details with regards to the syllabus and remit of the Mountain Leader Award qualification. If you need a copy, this can be downloaded from the Mountain Training website. Please also refer to the below titles for further reading:

- Hillwalking by Steve Long and staff from Plas y Brenin– The official handbook of the ML and HML schemes which can be purchased from the [Mountain Training](#), BMC, Amazon websites. Hill Walking is also available as an ebook for Kindle and iBook (purchase through Amazon or the Apple Store).
- Hostile Habitats - Scotland's Mountain Environment: A Hill walkers' Guide to Wildlife and the Landscape
This is a fantastic guide to the UK's mountain fauna, flora and landscape written for hill walkers.

Potential outcomes of training:

Following training, a course report will be completed. The results you can achieve are:

Completed: You have attended and completed the training course and met the prerequisite requirements.

Not yet completed: If for any reason you do not complete the required hours for a course you will receive this result. In all cases an action plan will be discussed and created for you. Providers have up to 21 days to submit a course report, which allows for you to submit further information if necessary, for example if you have not fully met the prerequisite requirements.

Candidates are reminded that attendance on a training course must not in any way be considered a qualification in its own right. This is only achieved by passing the Mountain Leader assessment.