



Mckinlay Mountaineering is an approved Mountain Training provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader, Rock Climbing Instructor, Climbing Wall Instructor and Climbing Wall Development Instructor. We now are the largest provider of Mountain Training awards in the North of England delivering 55 courses in 2019 alone.

MOUNTAIN LEADER TRAINING

The Mountain Leader award trains and assesses the technical and group management skills required by those who wish to lead groups in the mountains, hills and moorlands of the United Kingdom and Ireland, other than in winter conditions. As such it is seen as an essential qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector.

The scheme is also a vital tool for hill walkers and mountaineers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

Pre-requisites for Mountain Leader training:

Before you come on a training course you must be

- 18 or over
- have registered on the scheme with Mountain Training
- You must have recorded a minimum of 20 Quality Mountain Days (ideally on DLOG) which can have taken place at any point (pre- or post-registration)

Please note: You will need to have registered for the scheme and have completed your logbook (preferably DLOG)

Price:

- Mountain Leader training/assessment without accommodation or food £350.00
- Mountain Leader training/assessment with accommodation in YHA Self Catering £425.00
- Bespoke courses are worked out on an individual basis.

Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively, payment can be made by cheque or bank transfer: Payee Mckinlay Mountaineering. Account number: 29548861 Sort code: 601239. We will contact you as soon as payment has been made.

Accommodation:

Mckinlay Mountaineering is proud to be partners with the YHA, who are the leading hostel providers in the UK. Being partners we can offer great accommodation at Hostels where our Mountain Leader courses will be based. Please note; you will need to bring your own food for the expedition element, meals, snacks and drinks. Accommodation includes 4 nights' accommodation from Monday night to Thursday night as the last night will be wild camping (unless course is bespoke).

Itinerary:

Please arrive at Petes Eats 9.30am Monday morning. The course will start promptly so please be kitted up and ready to go at this time. Timings from day 2 onwards will be a 09:00 start unless Course Director says otherwise.

Timings	Meeting	Course Content (Day)	Course Content (Evening)
Day 1	Pete's Eats Café,	Arrival and Introduction to Mountain Leader Scheme	Introduction to
09:30	Llanberis	and course. Intro navigation, group kit.	mountain weather.
Day 2	YHA Llanberis	Mountain Day – navigation, access, conservation,	Leader/group
	North Wales	environment.	equipment.
Day 3	YHA Llanberis	Mountain Hazards, steep ground.	Free/expedition
	North Wales		preparation
Day 4	YHA Llanberis	Group Management, steep terrain, group control,	Route planning exercise.
	North Wales	leadership styles and navigation.	
Day 5-6	North Wales	Expedition phase;	
Finish		Camp-craft & expedition skills	
approx.		Mountain/Water Hazards	
14:00		Group leadership	
		Macro Navigation: Day & Night	
		Emergency procedure	
		Finish expedition, course& individual debrief and review	N

Kit List:

Please provide your own maps and compass (silva type 4 is highly recommended) Maps: Ordinance survey explorer OL17 Snowdon

I will supply either a Harvey British Mountain Map BMC Snowdonia 1:40,000 or Landranger 115 Snowdon1:50,000

This suggested equipment list is in addition to your normal hill-walking clothes

Personal		
Rucksack	Individual first aid	
Bivvy bag / Survival bag	Compass / Whistle / Watch	
Map cover	Waterproof jacket & trousers	
Hat / Gloves	Spare fleece	
Headtorch / Spare batteries	Emergency food	
Flask		

Please bring old clothes, trainers and towel for the river crossing Please remember: clothes that dry quickly and are light weight should be used during the course if possible.

Expedition

Tent (suitable for wild country)Stove / Fuel / Pans / MatchesKFS / Bowl / MugSleeping Bag / KarrimatSpare clothesToiletriesWater carrierExpedition foodExpedition rucksack & waterproof linerWater purifying tabletsAll items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or

damage of these items. These are the sole responsibility of the candidate.

Please note this list is only a guide. If you need to borrow any piece of kit I must know in advance. I have a small supply of tents and stoves. The individual must supply all other kit

Transport:

No transport is included but we are happy to car share.

Recommended Reading:

Please refer to your Mountain Leader Award handbook for details with regards to the syllabus and remit of the Mountain Leader Award qualification. If you need a copy, this can be downloaded from the Mountain Training website. Please also refer to the below titles for further reading:

- Hillwalking by Steve Long and staff from Plas y Brenin– The official handbook of the ML and HML schemes which can be purchased from the <u>Mountain Training</u>, BMC, Amazon websites. Hill Walking is also available as an ebook for Kindle and iBook (purchase through Amazon or the Apple Store).
- Hostile Habitats Scotland's Mountain Environment: A Hill walkers' Guide to Wildlife and the Landscape This is a fantastic guide to the UK's mountain fauna, flora and landscape written for hill walkers.

Potential outcomes of training:

Following training, a course report will be completed. The results you can achieve are:

Completed: You have attended and completed the training course and met the prerequisite requirements.

Not yet completed: If for any reason you do not complete the required hours for a course you will receive this result. In all cases an action plan will be discussed and created for you. Providers have up to 21 days to submit a course report, which allows for you to submit further information if necessary, for example if you have not fully met the prerequisite requirements.

Candidates are reminded that attendance on a training course must not in any way be considered a qualification in its own right. This is only achieved by passing the Mountain Leader assessment.