



MCKINLAY
MOUNTAINEERING



Mckinlay Mountaineering is an approved Mountain Training provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader, Rock Climbing Instructor, Climbing Wall Instructor and Climbing Wall Development Instructor. We now are the largest provider of Mountain Training awards in the North of England delivering over 60 courses in 2023 alone.

ROCK CLIMBING INSTRUCTOR TRAINING

The Rock Climbing Instructor trains and assesses experienced rock climbers to instruct climbing on single pitch crags and artificial climbing walls and towers. As such it is seen as an essential qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector. The scheme is also a vital tool for climbers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

What you need to do before your Rock Climbing Instructor training:

Before you come on a training course:

- You must be registered on the scheme.

You must have an up to date logbook (preferably DLOG) with evidence of the following:

- 15 led routes which must be graded rock climbs with traditional protection.
- 15 led routes at a climbing wall.
- 5 led routes which must be outdoor bolt protected sport climbs

Price:

- £250.00 training
- Bespoke courses are worked out on an individual basis

Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively, payment can be made by cheque or bank transfer: Payee Mckinlay Mountaineering.

Account number: 29548861 Sort code: 601239. We will contact you as soon as payment has been made.

You will need:

Clothing for an outdoor crag session including: warm clothing, waterproofs, harness, helmet and rock boots, a rack if you have one and a "single" or "half" climbing rope(s) suitable for lead climbing, rucksack. Rigging rope may be useful for Sunday if you have one but we will provide otherwise.

Please bring a packed lunch for everyday. Some people find a camera useful for taking photos of belay systems.

Entrance fee to Climbing Wall

All items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or damage of these items. These are the sole responsibility of the candidate.

No transport is included but we are happy to car share and offer lifts from Hathersage.

Training Itinerary:

Day 1 Meet at 10am at Awesome Walls Sheffield	Course introduction Artificial Walls - use of managed facilities Comparison of the Foundry with others you may have used Lead climbing indoors, Active/dynamic belaying and holding lead falls	Afternoon 5.30pm finish Warm ups and bouldering Movement coaching and teaching climbing. Roped climbing, basic rescues. Managing an assistant How to descent from outdoor sport routes.
Day 2 9.00am Start Meet at crag or Hathersage (weather dependent and decided the night before)	Minimum impact. Environmental & conservation issues. Group management - safe area - briefing of group. Bouldering/weaselling if appropriate. Top and bottom rope set ups Abseil set up	Afternoon 5.00pm finish Teaching belaying, bell ringing Problem avoidance and top down rescues Depart crag
Day 3 9.00am Start Meet at crag or Hathersage (weather dependent and decided the night before)	History, equipment and PPE Go to nearest crag Guidebooks Lead climbing outdoors Gear placement, anchor selection	5pm finish Simple problem avoidance Personal abseiling Fall factors Access and conservation Course review and general de-brief. Route to assessment. Logbooks and individual action plans

Note: Course program may change to suit the prevailing weather conditions

Recommended Reading:

Please refer to your Rock Climbing Instructor handbook for details with regards to the syllabus and remit of the qualification This can be downloaded from the Mountain Training website:

[Rock Climbing Instructor handbook](#)

Please also refer to the below titles for further reading:

[Rock Climbing by Libby Peter, the official handbook for Mountain Training's climbing schemes](#)

Accommodation:

Accommodation is not included. However here is a list of hostels campsites and B &B's we recommend.

- North Lees Campsite Hathersage, Birley Lane, Hathersage, S32 1BR Tel: 01433 650838
- YHA Hathersage, Castleton Rd, Hathersage S32 1EH Tel: 0845 371 9021
- Thorpe Farm Bunkhouse for groups, Hathersage, Hope Valley, Derbyshire. S32 1BQ Tel: 01433 650659
- Cannon Croft Bed and Breakfast Hathersage, Cannon Fields, Hathersage, Hope Valley, Derbyshire S32 1AG Tel: 01433 650005
- The Sir William Hotel, Allenscott, Grindleford, Hope Valley, Derbyshire S32 2HS Tel: 01433 630303

Post course training notes:

Unlike any other Rock Climbing Instructor course in the country after the course you will receive detailed post course training notes via email. These will include:

- RCI rescues made simple, slab rescue and abseil rescue
- AALA belaying lemons and belay systems (details how to run sessions and avoid accidents),
- group warm up and bouldering games
- fall factors and access and conservation pdf's

Potential outcomes of training:

Following training, a course report will be completed. The results you can achieve are:

Completed: You have attended and completed the training course and met the prerequisite requirements.

Not yet completed: If for any reason you do not complete the required hours for a course you will receive this result. In all cases an action plan will be discussed and created for you. Providers have up to 21 days to submit a course report, which allows for you to submit further information if necessary, for example if you have not fully met the prerequisite requirements.

Candidates are reminded that attendance on a training course must not in any way be considered a qualification in its own right. This is only achieved by passing the Rock Climbing Instructor assessment.