



Mckinlay Mountaineering are an approved Mountain Training (MT) provider enabling us to deliver their industry standard awards. This allows us to provide training and assessment for the Mountain Leader (ML), Rock climbing instructor (RCI), Climbing Wall Instructor (CWA) and Climbing Wall Development Instructor (CWDI). We now are the largest provider of MLTE awards in the North of England.

ROCK CLIMBING INSTRUCTOR

The Rock climbing instructor (RCI) is administered by the Mountain Training (MT) and trains and assesses candidates in the skills required to supervise climbers on single pitch crags and climbing walls. As such it is seen as an essential qualification for those wishing to work in the outdoors industry and with outdoor centres, school groups and the voluntary sector.

The RCI is also a vital tool for climbers wanting to review their personal skills, allowing them to expand their knowledge of current best practise.

To be awarded the RCI a candidate must complete the training course and pass the separate assessment. All candidates should leave a minimum of 6 months between training and assessment courses in order to consolidate the techniques learned and to develop their own personal and group skills.

Pre-requisites for RCI Assessment

Prior to attending the RCI assessment course you must have

- completed the Training course
- have a total of at least 40 trad lead climbs on three different rock types 20 of which must be severe grade
- 10 sport climbs which are graded 4+ or higher
- 30 indoor leads graded 4+ or higher
- 20 group sessions minimum 10 indoors and 10 outside in a variety of locations and group ages and abilities
- hold a valid 16 hour first aid certificate

Please note that you will need to have completed your DLOG and shared it with Mckinlay Mountaineering in order for us to be able assess it. This must be done 5 days before the start of the course. Failure to do so may result in the course being invalid.

Price:

- £185.00 Assessment
- Bespoke courses are worked out on an individual basis

Payment:

Payment is made via the website. Please note the full amount is payable immediately. Alternatively payment can be made by cheque or bank transfer payee Mckinlay Mountaineering. Our details are account 29548861 sort code 601239. We will contact you as soon as payment has been made.

You will need:

Clothing for an outdoor crag session including: warm clothing, waterproofs, harness, helmet and rock boots, a rack and a "single" or "half" climbing rope(s) suitable for lead climbing, rucksack. Rigging rope may be useful for Sunday if you have one but we will provide otherwise. Group safety equipment.

Please bring a packed lunch for both days and be prepared to buy a meal before the evening session or bring additional food. Entrance fee to Climbing Wall

Day 1 Morning 9.00	The Local Pantry Harrogate Rd, Otley LS21 2PS Overview of course History, equipment go to nearest crag Guidebooks access and conservation Lead climbing	Day 2 Morning 9.00am	Meet at crag (weather dependent and decided the night before) Review the crag to be used on this day and its suitability. Minimum impact. Environmental & conservation issues. Group management - safe area - briefing of group. Bouldering/weaselling if appropriate.
Afternoon	Simple problem solving at crag Personal abseil Drive to climbing wall	Afternoon Course finish at 5pm	Top and bottom rope set ups Abseil set up Problem avoidance and rescues Depart crag Course review and general de-brief. Results, logbooks and individual action plans
Evening Course finish 6.30	Home paper Artificial Walls - use of managed facilities Warm ups and bouldering Roped climbing, basic rescues.		

All items are brought with the knowledge that Mckinlay Mountaineering takes no responsibility for the loss or damage of these items. These are the sole responsibility of the candidate.

RCI Assessment Itinerary

Note: Course program may change to suit the prevailing weather conditions

Please arrive promptly.

Transport:

No transport is included but we are happy to car share and offer lifts.

Recommended Reading:

Please refer to your Rock climbing instructor handbook for details with regards to the syllabus and remit of the RCI qualification. If you need a copy, this can be downloaded from the Mountain Training website. Please also refer to the below titles for further reading:

- Rock climbing Essential skills and techniques– The official handbook of the MIA/RCI/CWA/CWLA schemes which can be purchased from the Mountain Training, BMC, Amazon websites